Case Initialisation

# Code notes

Agent.UpdateQueues() **automatically** picks up the next **allocated** work item if it has not started any others.

AgentCommunication.Run() adding new receivable commands to cope with Case Initialisation. **LaunchCase <specification>** which launches a new case, then launches the planning perspective (if available). It then syncs all. It returns a result of CASE caseId to notify the caller that the new case was created successfully